## Common Acts of Violence

- Put downs, insults, excessive blaming or telling them they are not worthy or good enough to be loved.
- Not allowing someone to have their own friends
- Not allowing different opinions or speaking freely.
- Being overly manipulative, coercive, or controlling.
- Controlling or dictating all financial or other decisions.
- Making threats or causing fear or humiliation.
- Physical violence including slapping, hair pulling, biting, pushing, hitting, punching, and kicking.
- Sexual assault or force.

#### WE ACCEPT DONATIONS

Laundry Detergent Toothpaste

Toothbrushes

Diapers, All Sizes

Dish Detergent

**Face Towels** 

Soap

Lotion

Shampoo

Canned Food Items

Bleach

Dishes, Glasses, Pots/Pans

Bedding (twin sheets, blankets, etc)

Stick or roll on Deodorants

Toys

Coffee

Ladies/Children Clothes

In case of an Emergency call:

Comanche Nation Police
Department

580-492-3260

Comanche Nation Family Assistance Center PO Box 183 Lawton, OK 73502 580-492-3590 Comanche Nation Family Assistance Center

A SHELTER,
REFUGE, AND A
NEW BEGINNING
FOR ABUSED
WOMEN AND
THEIR CHILDREN



OPEN 7 DAYS A WEEK
24 HOURS A DAY

CRISIS HOTLINE

580-492-3590

### Mission Statement

To educate, empower and advocate for Native Americans to strive to protect their families and communities from crimes of domestic violence, sexual assault and stalking, especially against their women and children.



Dining Room

#### **COMMUNITY EDUCATION**

Provides intervention classes and seminars on domestic violence; sexual assault, dating violence, school violence, etc.

Training is available for civic/religious organizations, schools, law enforcement, medical staff, workplace, etc.



Play Room





Living Room

# Women are sacred. Violence is not a Native Tradition.



Bed Room

#### **AVAILABLE SERVICES**

Temporary Shelter
Individual Counseling
Support Group
Life Skills Classes
Food Baskets
Clothes Closet
Legal Advocacy
Limited Transportation
Victim's Compensation Claims
Limited Household Items

Help with locating Affordable Housing Help with Job Search Assistance with filing Protective Orders