



Yellowfish Ten Bears Tabananka Big Looking Glass Eschiti Moway Otter Belt Parker Whitewolf Horseback Wildhorse

THE COMANCHE NATION NEWS

Lords of the Plains

VOLUME 25 EDITION 10

Comanche Nation Public Information Office, Lawton, OK

Puhipu?ha Maa (October) 2024



Courtesy Photo

Numunu Staffing Awarded \$5.8M Contract with the U.S. Army Corps of Engineers, Los Angeles District September

Submitted by Numunu Staffing

Numunu Staffing, LLC was recently awarded its second 8(a) Sole Source contract with the U.S. Army Corp of Engineers, Los Angeles District. The scope of the contract involves the construction of a solar energy generation facility over an existing irrigation canal on the Gila River Indian Reservation in Maricopa County, Arizona.

"We have been working hard to bring economic development returns back to the Comanche Nation. At the end of 2023 we were awarded our first 8(a) sole source award worth \$4.5M. Now with this project, we have been awarded over \$10M, all with the U.S. Army Corps of Engineers. We are taking the steps in the right direction and will continue to grow our contract revenues for the Comanche Nation," said George Tahdoahnippah, Vice President of Numunu Staffing.

Numunu Staffing, LLC has been working diligently to secure 8(a) sole source opportunities since becoming an 8(a) participant. The Small Business Administration's 8(a) program is a robust nine-year program created to help firms owned and controlled by socially and economically disadvantaged tribes or individuals. The benefits of the program are reduced competition for government contracts, including access to sole-source contracts (contracts issued to eligible businesses without competition).

Numunu Staffing, www.numunustaffing.com is located at 1003 SW C. Ave in Lawton, OK, 73501 and is SBA 8(a) certified, SBA HUB-Zone certified, recognized as an Indian Small Business Economic Enterprise (ISBEE).

To view all open positions, go to Numunu Staffing's website.

Media contact: info@numunu.com

Joyce "Doc" Tate Nevaquaya Day Oct. 12, 2024

In 1986 the Comanche Tribe proclaimed the second Friday in October Joyce "Doc" Tate Nevaquaya Day. Four years later he was designated a Living Legend.

"Doc" Tate Nevaquaya (1936-1996) is a member of the Comanche tribe of Oklahoma, his full name was Joyce Lee Tate Nevaquaya, after the physician Dr. Joyce who delivered him and later nicknamed "Doc".

A noted Comanche artist and American Indian flute player Doc Tate Nevaquaya was born to Lean and Victoria Tate Nevaquaya on July 3, 1932, in Apache, Oklahoma. Orphaned at fourteen, he resided at the Fort Sill Indian School in Lawton, receiving a high school diploma in 1951. In 1951 and 1952 he attended Haskell Indian Institute in Lawrence, Kansas. A self-taught artist, flutist, composer, dancer, lecturer and Methodist lay minister, Nevaquaya gave numerous flute and art workshops throughout the United States, including classes at Brigham Young University (1972) and Georgetown University (1974). He made over 25 television appearances on nationally televised shows including "On the Road with Charles Kuralt" and "Good Morning America," and by the British Broadcasting Corporation. Nevaquaya's skills in the traditional arts were often featured in national and state observances. The Smithsonian Institution commissioned him to



Courtesy Photo

Nevaquaya

participate in the Comanche Tu-Wee Dance in Washington, D.C. (1970), play the flute on a Goodwill Tour of England (1970), design and paint a Comanche shield to honor the Tomb of the Unknown Soldier in Arlington National Cemetery (1973), play the flute at the National Folk Festival (1973), and record Comanche Flute Music for Folkways Records (1979). The Oklahoma Diamond Jubilee commissioned him to design two coins (1982), and by the Oklahoma Arts Council to compose and perform Flight of the Spirit at Oklahoma State Capitol (1991). He played flute at the

Night of the First Americans, held at the Kennedy Center for the Performing Arts in Washington, D.C. (1982), at the United Nations Mission, New York (1985), at the Code Talkers Decoration Ceremony, Oklahoma State Capitol (1989), and at Carnegie Hall in New York (1990).

Nevaquaya held many memberships. He was a founding member of the American Indian Arts Association, the American Indian Cultural Society, the Oklahoma Indian Mission Arts and Crafts Organization, and Southwestern Indian Arts and Crafts, Inc. He was also a member of the Oklahoma Indian Art League and the University of Oklahoma Board of Visitors (1994).

Among numerous recognitions that came to him were six Grand Awards and the

Outstanding Indian Artists Award from Southwestern State College in Weatherford (1969); Indian of the Year award from Oscar Rose Junior College, Midwest City (1975); Outstanding Citizen of Diamond Jubilee Heritage Week from the Apache Chamber of Commerce (1982); the LaDonna Harris Award from Oklahomans for Indian Opportunity (1986); and a National Heritage Fellowship from the National Endowment for the Arts (1986); and the Artist of the West Award at the American Indian and Cowboy Artists National West-

See NEVAQUAYA, Page 3

Help with Homeownership: Down Payment & Closing Costs Grant for Comanche Nation

By: Comanche Nation Housing Authority Staff

Many financial components contribute to the difficulty of buying a home, including down payment, closing costs and mortgage rates. However, Comanche Nation Tribal members can find some relief with all three of these areas through Comanche Nation Housing Authority (CNHA).

As of Aug. of this year, mortgage rates in the U.S. have fallen below 7%, the lowest they have been since May of 2023 (Bankrate). Whether they will continue to decrease is uncertain, as socioeconomic factors can influence rates. However, for now, this is a positive development for potential homebuyers. Lower mortgage rates mean lower monthly payments, making this the best time in over a year for those looking to buy a home.

For Comanche Nation Tribal members, CNHA can provide additional relief with the homebuying process through the Down Payment

and Closing Costs Grant. Tribal members can apply through an application to receive up to \$10,000 to help cover down payment or closing costs. Elders are eligible to receive up to \$15,000.

"We want to make sure that our Tribal members receive help in any way that we can provide," said executive director of CNHA, Nora Sovo. "Relieving large financial costs of the homebuying process allows for our members to focus on building their futures and securing a stable, comfortable place to call home."

Houses must be within the counties of Caddo, Comanche, Cotton, Kiowa and Tillman in Oklahoma to qualify for the grant. Please refer to the CNHA website for additional information. Applicants must also meet the income eligibility requirements which can be found here.

An environmental review

must also be conducted before grant approval, which may take up to 60 days, so it's important to plan the closing date accordingly. Grant money will be sent directly to the closing company and can be used to cover any fees or monies related to closing costs. Grants are only approved one time per homebuyer, and monies do not need to be repaid if the house is sold within the guidelines of the Department of Housing and Urban Development (HUD) affordability period.

CNHA also offers other programs for Tribal members, including the Homeownership Lease Purchase Program, Elder Home Rehabilitation Program, Rental Program, Student Housing Program and Home Improvement Emergency Repair Program (HIP). For more information about CNHA's programs and requirements, call (580) 357-4956 or visit www.comanchehousing.com.



City of Lawton's 7th Annual Indigenous Peoples' Day October 14



File Photo

The CIVA and KCA Veterans bring in the flags in 2021 to begin the Indigenous People's Day Celebration for the city of Lawton, Okla.

Submitted by Dr. Cornel Pewewardy/Indigenous Peoples Day

Indigenous Peoples' Day is a day set aside for many of us, as Indigenous peoples, to tell more of the national narrative stories that matter from voices that too often remain unheard, an education that has often been incomplete for most American schoolchildren in public schools. Christopher Columbus introduced two phenomena that revolutionized race relations and transformed the modern world: the taking of land, wealth, and labor from Indigenous peoples in the Western Hemisphere, leading to their near extermination, and the transatlantic slave trade, which created a racial under class.

"What we celebrate is our subversion of this national holiday, the way many folks have made it a space for radical intervention. Indeed, the invitation to celebrate Columbus was for some of us a compelling call to educate the nation for critical consciousness—to seize the moment to transform everyone's understanding of our nation's history. What we acknowledge is that this teaching moment allows us a public space to mourn, an occasion to grieve for what this world was like before the coming of the white man to the North American continent and to recall and reclaim the cultural values of that world," said Indigenous People's Day Committee, Dr. Cornel Pewewardy.


The 7th annual Indigenous Peoples' Day in Lawton, Oklahoma will feature an intertribal powwow scheduled on October 13, at the former Fort Sill Indian School. The main program begins on Monday, October 14, at 10 a.m., with the presentation of the proclamation of Indigenous Peoples' Day by City of Lawton Mayor Stan Booker. Local club and organization princesses will join with the KCA color guard with a grand entry on the southside of City Hall. After the grand entry, local tribal leaders will give their welcoming followed by an honor song for the local IPD award winners: Greg Onco, Kaysa Whitley and Charlotte Niyah. The ceremonial conclusion will highlight the seven-year history of Indigenous Peoples' Day in Lawton, Oklahoma.

Schedule for Lawton's

IPD Ceremony

- 10 a.m. : KCA color guard grand entry
- 10:15 a.m.: Welcoming by IPD committee; greetings by Mayor Stan Booker
- 10:30 a.m.: Introductions of award winners; guest speakers
- 11 a.m.: Closing remarks by IPD committee; honor songs



In 2024, an estimated **310,720 new cases** of invasive breast cancer will be diagnosed in women in the U.S. 



GET TESTED NOW

BREAST CANCER AWARENESS MONTH

COME PLAY WITH US THIS SEPTEMBER!



SMASH THE PUMPKIN

FRIDAYS & SATURDAYS
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7PM-11PM • DRAWINGS EVERY 30 MINUTES TO WIN
\$100-\$1,000 CASH!

RECEIVE 1 ENTRY FOR EVERY 50 POINTS EARNED 8AM-11PM

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SATURDAYS & SUNDAYS
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Comanche Elder's Day

EVERY SUNDAY!

Comanche Rewards Club Members who are Comanche Tribal Elders receive \$20 Comanche Credit on your Comanche Rewards Card every Sunday.



Government

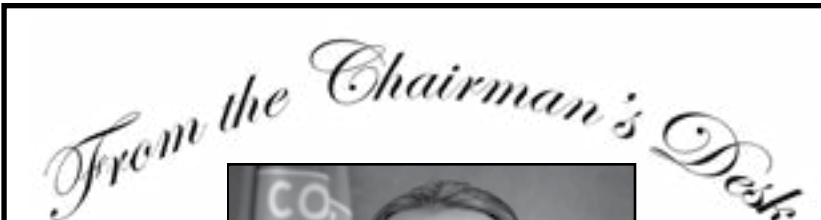
A Total of 22 Resolutions Presented at the September CBC Meeting

Editor's Note: This is an overview of the September 7, Comanche Business Committee Monthly Meeting, and not the official minutes. To obtain a copy of the official minutes, please contact the Office of the Chairman, (580) 492-3251.

By Jolene Schonchin/News Staff

The Comanche Nation Chairman, Forrest Tahdoohippah, called the September CBC Meeting to order at 10 a.m.

- Resolutions:**
- Resolution No. 115-2024-** Enrollment Eligible Resolution List 1338 Minors The motion carries 6/0/0.
 - Resolution No. 116-2024-** Enrollment Ineligible Resolution List 1339 Does Not Meet Blood Quantum. The motion carries 6/0/0.
 - Resolution No. 117-2024-** Enrollment Resolution for Elder Gap Payment Recipients. The motion carries 6/0/0.
 - Resolution No. 118-2024-** WIOA Resolution to Approve and Amend Guidelines. The motion carries 6/0/0.
 - Resolution No. 119-2024-** Tribal Court Resolution for Continued Legal Services with GPLS. The motion carries 6/0/0.
 - Resolution No. 120-2024-** Higher Ed JPT Adult Ed Resolution for BIA 638 Contract Renewal. The motion carries 6/0/0.
 - Resolution No. 121-2024-** ICW Resolution for BIA 638 Contract Renewal. The motion carries 6/0/0.
 - Resolution No. 122-2024-** CBC Resolution Adopting Priority Plan for Comanche Nation Entertainment. The motion carries 6/0/0.
 - Resolution No. 123-2024-** CBC Resolution Transferring Gaming Revenue from CNGC to CNE. The motion carries 6/0/0.
 - Resolution No. 124-2024-** Entertainment Resolution to Approve FY25 Budget. The motion carries 6/0/0.
 - Resolution No. 125-2024-** CBC Resolution Authorizing Travel to San Antonio. The motion carries 6/0/0.
 - Resolution No. 126-2024-** CBC Resolution Authorizing Travel to New Mexico Outreach Event. The motion carries 6/0/0.
 - Resolution No. 127-2024-** CBC Resolution Authorizing Use of Funds. The motion carries 6/0/0.
 - Resolution No. 128-2024-** CBC Resolution Creating National Treasure Designation. The motion carries 6/0/0.
 - Resolution No. 129-2024-** CBC Resolution Prohibiting Comanche Construction LLC as Vendor. The motion carries 6/0/0.
 - Resolution No. 130-2024-** CBC Resolution IHS Project OK 24-F93. The motion carries 6/0/0.
 - Resolution No. 131-2024-** CBC Resolution Requesting Supplemental Funds from the BIA. The motion carries 6/0/0.
 - Resolution No. 132-2024-** THPO Resolution for Carry Over Funds. The motion carries 6/0/0.
 - Resolution No. 133-2024-** Tax Commission Resolution to Amend the Tax Act. The motion carries 6/0/0.
 - Resolution No. 134-2024-** CBC Resolution to Amend Election Ordinance Quorum Requirement. The motion carries 6/0/0.
 - Resolution No. 135-2024-** Resolution Proposing Amendment to Constitution to Remove Secretarial Elections. The motion carries 6/0/0.
 - Resolution No. 136-2024-** Resolution to Support the Legislation on Federal Indian Boarding School Policies Act. The motion carries 6/0/0.
 - Resolution No. 137-2024-** Language Resolution Reiterating Language Department as Official Entity. The motion carries 6/0/0.



From the Chairman's Desk

Marwewa Numunuu:

As I write this, all hands are on deck in preparation for our 31st Annual Comanche Fair. The powwow is the centerpiece of the fair, and during my campaign, I proposed addressing the funding of cultural activities such as the fair, the Homecoming Powwow, the Little Ponies, Comanche tribal princess and junior princess and church donations. Currently, these activities are funded by either the Tax Commission or gaming revenue. It is great that we invest in our cultural activities, and I would like to see greater investment in promoting and preserving our traditional culture and contemporary adaptations of our traditional culture.

While our investment in cultural activities is commendable, I believe that greater investment should not merely translate to an increase in these existing budget line items. The financial stability of the Tax Commission and casinos is uncertain due to factors like declining oil and gas production, increased competition in gaming and rising inflation. Thus, a more sustainable funding source is necessary.

Therefore, I would like to see a more sustainable source of funds for our cultural activities. Generally, the committees responsible for our cultural activities recognize the need for additional funding, and dedicate a great amount of effort into their own fundraising such as organizing taco sales, raffles and similar events. These efforts are laudable. Some committees have even gone as far as incorporating organizations under Oklahoma state law in order to apply for 501(c)(3) status from the IRS for their organizations. This is an impressive demonstration of legal savvy. The creation of a series of independent 501(c)(3) organizations, however, is not a sustainable solution. On a practical level, it is difficult to stay on top of the paperwork to maintain these organizations in good standing as 501(c)(3) organizations. On a more theoretical level, it harms the Nation's sovereignty for a series of independent Oklahoma corporations to run our cultural activities—our Nation's culture is fundamental to our identity and must be squarely within the jurisdiction of the Nation itself.

Therefore, during my campaign for Chairman, I proposed establishing a charitable foundation to fund our cultural activities. This foundation would be a subdivision of the Nation and therefore enjoy the tax-status of the Nation under Section 7871 of the Internal Revenue Code. This means private donors can receive a tax deduction without the need for each committee of each organization to maintain 501(c)(3) status separately with the IRS. In addition, with a charitable foundation that operates as a subdivision of the Nation, the Nation would not be ceding any amount of its sovereignty and would maintain full jurisdiction over the use of funds for cultural activities.

In order to make this proposal sustainable, the mission of the charitable foundation must be to build an endowment, with \$10 million as an initial goal. With an endowment of \$10 million, the foundation could provide funding in perpetuity for all current cultural activities at a level similar to what is currently received from the Tax Commission and gaming revenue. Prior to obtaining \$10 million, no money would be distributed by the foundation and the Tax Commission and gaming revenue would continue to fund our activities. Once a \$10 million endowment is achieved, the interest earned on the endowment could be used to fund cultural activities. This would free up Tax Commission and gaming revenue to be used for other purposes. Of course, we would not stop at \$10 million, but instead continue to build the endowment so that current cultural activities could receive more support and we could even start to expand the number of activities that we undertake.

While some iterations of the Business Committee might simply move forward with this proposal on their own, I would like the Tribal Council to bless this proposal, especially given the high stakes in terms of money, sovereignty, and identity. Therefore, I hope to propose it at the next Tribal Council meeting. Before then, please contact me with questions, comments and concerns.

NEVAQUAYA

Continued from Page 1



Courtesy Photo

Joyce "Doc" Tate Nevaquaya, left, and George "Woogie" Watchetaker earned Art Exhibition in San Dimas, California (1994). The Governor's Arts Award named him an Oklahoma Treasure in 1995.

He was chosen Indian of the Year in 1974 at Oscar Rose Junior College in Midwest City, Oklahoma. In 1982 he played the flute at the Night of the First American at the Kennedy Center for the Performing Arts in Washington, DC.

Nevaquaya married Charlotte Jereaux Foraker, and they had nine children. A Methodist and Democrat, he lived on his family's land allotment near Apache until his death from a heart attack on March 5, 1996, in Lawton. His children have carried on his legacy as artists, flute players, and/or dancers.

THE COMANCHE NATION NEWS
Puhipu'ha Maa (October) 2024
Leaf Fall Month
The award-winning *Comanche Nation News*, the official communication of the Comanche Nation, is available at no charge upon request. The deadline to submit information for the November edition is 5 p.m., October 15.
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 - News items** of interest to the local and American Indian community are welcome.
 - Photographs** will be copied and will become the property of *TCNN*. To return original photographs, send a self-addressed stamped envelope. **Do not send faxed photographs** or newspaper copies of photographs.
 - The Milestones Page** (Birthdays, Anniversaries, Engagements, Memorial Pictures, Weddings, Births) are by submission only. Please submit a first and last name. The Passings/Obituaries are submitted by the Comanche Nation Funeral Home or by tribal members on a funeral home letterhead. The Milestones Page is for tribal members only. *TCNN* publishes all services conducted by The Comanche Nation Funeral Home without discretion. The Obituaries Page is for tribal members only.
 - TCNN** will print a Comanche organization's annual event flyer once free of charge as a courtesy to our tribal organizations. The guidelines for flyer submission are: Pow-wow flyers have to be from an established Comanche organization. There has to be contact person and number on the organization's annual flyer.
 - We reserve the right to edit all material.** Letters or articles that contain libelous information, slander, or personal attacks will not be printed. Letters to the Editor must be signed with a legible name, and have an 500 word limit.
 - The letters to the editor or articles contained in *The Comanche Nation News* does not reflect the views or opinions of the PIO staff.**

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SEP 16 2024
IN THE COMANCHE NATION TRIBAL COURT DISTRICT COURT
IN THE MATTER OF THE CHANGE OF NAME OF:
AARON DENNIS-LEE KARTY
An enrolled member of the Comanche Nation.Case No.: NC-2024-0066
NOTICE BY PUBLICATION
AARON MICHAEL GOVER
TO:
Take notice that Summer Savannah Karty has filed in the above Court a Petition to have the name changed as follows, to-wit from: Aaron Dennis-Lee Karty to James Dennis Karty-Black.
The petition will be heard on 11/14/2024 at 11:00 AM located at the Comanche Nation Courthouse, 584 NW Bingo Road, Lawton, Oklahoma.
If you have any cause to show why the above mentioned Petition for Change of Name should not be granted by the Court you should file a written Petition in the case prior to the date set for hearing or appear and present the same at the above time and place.
WITNESS my hand and the seal of said Court this 16th day of September, 2024.
By *Aaron Michael Gover*
Court Clerk/Treasurer
Comanche Nation Tribal Court
584 NW Bingo Rd.
P.O. Box 646
Lawton, OK 73502
Ph: (580) 280-4744

Programs

Child Support Program Announces Court Dates

- Donna Alexander: CNC-SP-20-10; Motion to Determine Support Arrears
- Alisha Cable: CNCSP-15-116; Motion to Modify Child Support
- Kelly Codynah: CNCSP-24-25; Petition to Determine Paternity and Establishment of Child Support
- Michael Pocowatchit Jr.: CNC-SP-24-24; Petition to Establish Child Support

Section 609 (c) Rule 3 of the Comanche Nation Court Codes allows for service by publication in instances where the location of the subject is unknown, or when the subject of service has been unable to be served by traditional means. CNCSP is needing the above name(s) to be placed in our upcoming Comanche Nation Newspaper.

PLEASE TAKE NOTE THAT ALL COMANCHE NATION TRIBAL COURT CHILD HEARINGS WILL BE CONDUCTED IN PERSON.

PLEASE TAKE NOTE THAT ALL COURT OF INDIAN OFFENSES CHILD SUPPORT HEARING WILL BE CONDUCTED IN PERSON.

Family Assistance Program Hosts Domestic Violence Awareness Event Oct. 17

The Comanche Nation Family Assistance Program will host 'Sister-Sister Talk on Domestic Violence in Indian Country,' 5:30 p.m. - 8:30 p.m., October 17, at the Comanche Nation Complex's Watchtaker Hall, 584 NW Bingo Rd., Lawton.

The dinner menu will be Indian corn soup, beef stew, taco soup, pozole, Pueblo bread, corn bread, and drinks.

The event will feature a film that explores the subject of domestic violence. Given the sensitive nature of the content and the films rating, registration is restricted to ages 17 years and older. The movie may include discussion and scenes of domestic violence, sexual assault, physical violence, and identity-based discrimination and harassment that may be difficult for some to view.

You must register by calling (580) 492-3590.

Oklahoma City Outreach Hosts a Lunch & Learn Oct. 8

The Oklahoma City Outreach is inviting everyone to a Medicare and MIPA Lunch & Learn 11 a.m. - 2 p.m., Oct. 8, at the Comanche Nation Oklahoma City Outreach Office, 8014 N. Western Ave., Oklahoma City, Okla.

Reserve your seat by Oct. 1 by calling Lenetta Davenport (580) 492-1146 or Mary Austin (405) 974-9631. Lunch will be provided and there will be door prizes.

You Can Stop Apologizing Now

What it means when you can't stop saying 'I'm sorry' after escaping abuse

By Amanda Kippert

Heartfelt apologies can go a long way. "I'm sorry what I said hurt your feelings." Polite apologies make us decent human beings. "I'm sorry I was late to our meeting!" But repetitive, nearly constant apologies for every little thing—or, what Psychologist Paige Carambio, PsyD calls, "apologizing for existing"—can actually be an after-effect of trauma, a self-preservation technique survivors may think they still need to utilize in order to protect themselves.

"It goes back to the first stage of being with an abuser, when the abuser is doing everything he or she can to tear the person down and make them feel completely worthless," says Carambio, who works with survivors of domestic abuse in Beverly, Mass. She says that hearing verbal derogation day-in and day-out can cause you to internalize those messages. What carries over, even after leaving the abuser, is this feeling that you need to apologize for every little thing, especially with a new partner, says Carambio.

How to Cut Back on the Apologizing

Seek Support. Survivors shouldn't feel like expressing their thoughts needs a disclaimer. If you find yourself over-apologizing, it's worth exploring a way to continue healing from your past. Carambio suggests talking to a trained domestic violence advocate about finding a support group of other survivors in your area. "That loss of self-esteem is so toxic to a survivor's health and well-being," says Carambio.

Self-Pep Talks. When you find yourself utilizing the "I'm sorry" for the tenth time in one day, you may want to try repeating some positive affirmations in your head, says Carambio. "Even something as simple as, 'I'm worthy. I'm deserving of love and I don't have to apologize.' Just acknowledging that it happened may mean you won't be so quick to jump to the 'sorry' next time because you'll start to believe you're a good person."

For additional information contact Comanche Nation Family Assistance Center (580) 492-3590, Monday through Friday, 9 a.m. to 5 p.m. After hours (580) 730-0003.

Language Department 2024 ANA Community Partners Convening



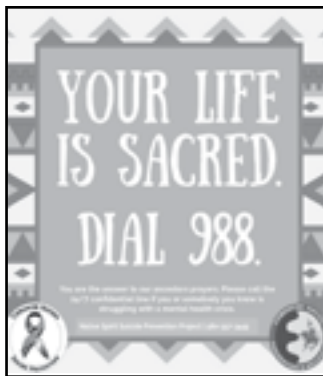
Courtesy Photo

Comanche Nation Language Department Staff, Randi Attocknie, Director, and Kathy Cardona, Language Coordinator, attended the 2024 ANA Community Partners Convening in Arlington, VA on August 27-29.

This is the annual conference for grant recipients and attendance is a requirement of the project award. The theme of the event is *Our Nation, Our Journey: Celebrating ANA's 50 Years of Investments*. The Convening included two days of plenary sessions, dynamic workshops, collaboration opportunities, and one-on-one meetings with their program specialists, and ANA's Regional Training and Technical Assistance Centers.

More than 300 community partners, representing over 125 ANA projects, traveled to Washington D.C., from four regions including the Eastern and Western, Alaska, and the Pacific Islands. Welcome and opening ceremonies invited recipients to wear clothing representing their community to celebrate the beautiful diversity of ANA's Community Partners. Also, ANA has a tradition of hosting a cultural gift exchange during the closing session. A gift representative of Comanche Nation of Oklahoma was exchanged.

Due to global pandemic ANA gathered for the first time in four years and celebrated ANA's 50 Anniversary investing in Native communities.



Programs

October 2024 Adult Education Student of the Month Cody Knight



Courtesy Photo

Knight

Cody Knight is a proud Comanche Nation member and loves all of the support that the tribe shows him.

Knight is married to his high school sweetheart (Jessie) and they have four sons (CJ, Wesley, Manny, and Joss).

Knight's relatives are the Mihecobys and the Knights. Knight is currently enrolled in the welding course at the Great Plains Technology Center, with plans to start his own business one day.

Welding is something that Knight loves to do, since he is such a hands-on person, and the funding from the tribe has allowed him to further pursue his professional passion.

October 2024 Higher Education Student of the Month Matthew Chebahtah



Courtesy Photo

Chebahtah

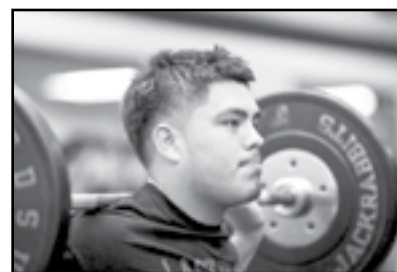
Matthew is from Comanche county originally, but has called many places "home" since graduating high school in Fletcher, Okla., in 2012.

After spending time in Missouri, Florida, Arkansas, and then more time back in Oklahoma, he and his wife Hannah are currently on a new adventure in Illinois, where Chebahtah is the youth minister at a local church.

In the midst of this wild journey serving Jesus, he has felt called to go back to school in order to receive his Master's degree in Spiritual Formation. Chebahtah is attending Ozark Christian College in Joplin, Missouri.

The goal is to finish this degree within the next year or so, and to continue to stay faithful to whatever the Lord has in store for him.

October 2024 Higher Education Student of the Month Kenyon Bigbow



Courtesy Photo

Bigbow

Kenyon Big Bow, Jr. is the son of Kenyon and Misti Big Bow from Anadarko, Oklahoma.

His paternal grandparents are Mindy LittleChief of Anadarko, Okla., and William BigBow of Lawton, Okla.

His maternal grandparents are Matthew and Margaret Komalty from Anadarko, Oklahoma. Bigbow is currently attending South Dakota State University in Brookings, South Dakota, as a full-time student majoring in Business Economics and playing football.

Bigbow's future plans are to graduate from college and be successful so he can take care of and provide for his family.

October 2024 Job Placement & Training Student of the Month Joshua Herndon



Courtesy Photo

Herndon

Joshua Herndon is 31 years old, married to Kaitlyn Herndon, and recently had a sweet baby girl.

They are a family of faith and followers of Christ Jesus.

Herndon is a student at Oklahoma City Community College, studying Automotive Technology. Herndon is a second-year student in pursuit of his Associates Degree in this field of study.

Herndon aspires to own and operate multiple automotive shops that are affordable and contribute to the communities, especially in the investment of the generations to come.

In July of 2024, he launched his very first location in Del City, Oklahoma.

He looks forward to what God has planned for him and continue to strive for success.



Courtesy Photos

TIRE DRIVE. On August 23, The CNOEP traveled up to Red Rock, Oklahoma, to assist the Otoe Nation with their 2nd Annual Tire drive. A total of 350 tires was collected for the day, the CNOEP also educated the Frontier Alternative Class on why and how tires are recycled to save local eco-systems. There has even been an attempt to build an artificial Reef off Florida's coast with recycled tires. CNOEP also, helped out the Kiowa Environmental Program with two 14 yd. trailers for their Tire Drive conducted on August 30, in Anadarko. The CNOEP loves helping it's native partners, STAY Green!!! REDUCE, REUSE and RECYCLE!

Sister - Sister Talk on Domestic Violence in Indian Country

Join us for an evening of dinner, a movie, open discussion, and door prizes in honor of Domestic Violence Awareness Month.

October 17, 2024 5:30-8:30 PM
Watchtaker Hall
584 NW Bingo Rd.
Lawton, OK 73507

Menu: Indian Corn Soup, Beef Stew, Taco Soup, Pozole, Pueblo Bread, Corn Bread, Frybread, and Drinks.

The event will feature a film that explores the subject of domestic violence. Given the sensitive nature of the content and the films rating, registration is restricted to ages 17 and older. **MUST call to register: 580-492-3590 or scan QR Code**

THIS MOVIE MAY INCLUDE DRUGS AND SCENES OF DOMESTIC VIOLENCE, SEXUAL ASSAULT, PHYSICAL VIOLENCE, AND IDENTITY-BASED DISCRIMINATION AND HARASSMENT THAT MAY BE DIFFICULT FOR SOME TO VIEW.

PRESENTED BY THE COMANCHE NATION FAMILY ASSISTANCE CENTER
580-492-3590

LEGAL AID CLINIC FOR COMANCHE TRIBAL MEMBERS

COMANCHE NATION TRIBAL COURTHOUSE
584 NW BINGO RD, LAWTON, OK

PROVIDED BY GREAT PLAINS LEGAL SERVICES

LEGAL COUNSEL WILL BE ON SITE TO ASSIST TRIBAL MEMBERS WITH LEGAL ADVICE AND UNDERSTANDING FILINGS WITHIN OUR TRIBAL COURT.

DATES

OCTOBER 2: 10 AM - 2 PM
OCTOBER 9: 10 AM - 2 PM
OCTOBER 16: 10 AM - 2 PM
OCTOBER 23: 10 AM - 2 PM
OCTOBER 30: 10 AM - 2 PM

OCTOBER 25
EXTRA WEEK DAY CLINIC
11 AM - 1 PM
(COMANCHE NATION TRIBAL COURTHOUSE)

FOR ADDITIONAL QUESTIONS OR INFORMATION CALL COMANCHE NATION TRIBAL COURT AT (580)492-3822

David Wahkinney Sr.

Contemporary & Native American Art

embellish adorn intrigue

mysticnative@email.com (580) 917-2201

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Comanche Nation Outreach

Programs Available:

- Child Services
- Diabetes Program
- Enrollment
- Higher Education
- Housing
- Injury Prevention
- Language
- Opportunity
- PIO
- Prescription Assistance
- Social Services
- Tribal Court
- WIOA
- Youth Program

Albuquerque NEW MEXICO

Sandia Resort & Casino

Location:
30 Rainbow Rd.
Albuquerque, NM 87113

October 11, 2024
9:00am-4:00pm

October 12, 2024
9:00am-2:00pm

For more information: P: 580-699-5534 E: prescriptionsistance@comanchenation.com

LEGAL AID CLINIC FOR COMANCHE TRIBAL MEMBERS

COMANCHE NATION TRIBAL COURTHOUSE
584 NW BINGO RD, LAWTON, OK

PROVIDED BY GREAT PLAINS LEGAL SERVICES

LEGAL COUNSEL WILL BE AVAILABLE VIA ZOOM TO ASSIST TRIBAL MEMBERS WITH LEGAL ADVICE AND UNDERSTANDING FILINGS WITHIN OUR TRIBAL COURT.

DATE

OCTOBER 11
ALBUQUERQUE OUTREACH CLINIC
11 AM - 1 PM

SANDIA RESORT & CASINO
30 RAINBOW RD.
ALBUQUERQUE, NM, 87113

FOR ADDITIONAL QUESTIONS OR INFORMATION CALL COMANCHE NATION TRIBAL COURT AT (580)492-3822

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TEXT THE WORD "COMANCHE" TO NUMBER 411247

Culinary Corner/ Fun Page

OCTOBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Frederick ¹ 1st Day	Frederick ² 2nd Day	Walters ³ 1st Day	Walters ⁴ 2nd Day	
	Cache ⁶ 1st Day	Cache ⁷ 2nd Day	Cache ⁸ 3rd Day	Cache ⁹ 4th Day	TRUCK DAY ¹¹	
	CLOSED ¹³ Indigenous Peoples' Day	Lawton ¹⁴ 1st Day	Lawton ¹⁵ 2nd Day	Lawton ¹⁶ 3rd Day	Lawton ¹⁷ 4th Day	
	Lawton ²⁰ 5th Day	Make-Up ²¹ Day	Make-Up ²² Day	Make-Up ²³ Day	Make-Up ²⁴ Day	
	Make-Up ²⁷ Day	Inventory ²⁸	Inventory ²⁹	Inventory ³⁰		

Easy Candied Amawoo (apple)

- 1/2 Cup light corn syrup
- 3/4 Cup water
- 2 Cups granulated sugar
- 1/2 Tsp red food coloring

1. Prep a large baking sheet with wax paper (must be wax) then grease the wax paper. Poke wooden skewers or wooden popsicle sticks into 6-8 large apples.

2. In a medium saucepan, mix together light corn syrup, water, sugar and food coloring until combined. Heat over medium-high heat until boiling (undisturbed, no need to stir) boil for at least 10-15 min. or until mixture reaches 310 F.

3. Once your candy mixture reaches 310 F, immediately take the saucepan off the heat and begin dipping/rotating your apples into mixture, placing each apple onto the prepared baking sheet after coating. Work quickly as the mixture will want to set up fast, but be very careful as the mixture is also very hot. Tilt the saucepan a little as you dip and rotate the apples to help coat them more evenly.

4. Once all the apples have been coated, let them cool on the baking sheet at least 30 min. to let the candy coating harden.



Autumn Season Word Scramble

Unscramble the Comanche words and join them to the picture.



ákaiuwT		
n?pisoaaip		
opn?ko		
amnaenun?		
hibinia		
a?wnski		
teasuruw?k		
ason		
uhip		
nosp?i		

- #### Tah Yokake (Popcorn) Balls

 - 10 Cups popped corn
 - 1 Package large marshmallows
 - 1/4 Cup butter
 - 1/4 Cup salt
 1. Place popcorn in a large bowl. In a large saucepan, combine marshmallows, butter and salt. Cook and stir over medium-low heat until melted. Pour over popcorn; mix well. Cool slightly.
 2. With greased hands, shape mixture into balls. Place on wax paper.

Classic Caramel Corn

 - Mazola Cooking Spray
 - 4 Quarts popped corn
 - 1 Cup brown sugar
 - 1/2 Cup Karo light or dark corn syrup
 - 1/2 Cup butter
 - 1/2 Teaspoon salt
 - 1 Teaspoon vanilla extract
 - 1/2 Teaspoon baking soda
 1. Preheat oven to 250 degrees. Spray a large shallow roasting pan with cooking spray, then fill with popcorn. Place in the preheated oven while preparing caramel.
 2. Mix brown sugar, corn syrup, butter and salt together in a heavy 2-quart saucepan over medium heat; stir constantly until mixture comes to a boil.
 3. Stop stirring and boil for 5 minutes.
 4. Remove from the heat and stir in baking soda and vanilla until well combined.
 5. Pour mixture over warmed popcorn and stir until evenly coated.
 6. Return to oven and bake for 45 minutes stirring occasionally.
 7. Remove from oven cool and store in a covered container

Comanche Attire

Unscramble these Comanche Jumbles to form words related to the theme above.

#1 ASI
S I A

#2 I?EKNE
N E E ? K I

#3 EHUYAKAK
E K A K U Y A H

#4 PUSIHAKK
P I K A K U S U

#5 EWHUNATSU
N U H U T S A W E

#6 TPHSIIPPI
P I H I T S I I P U

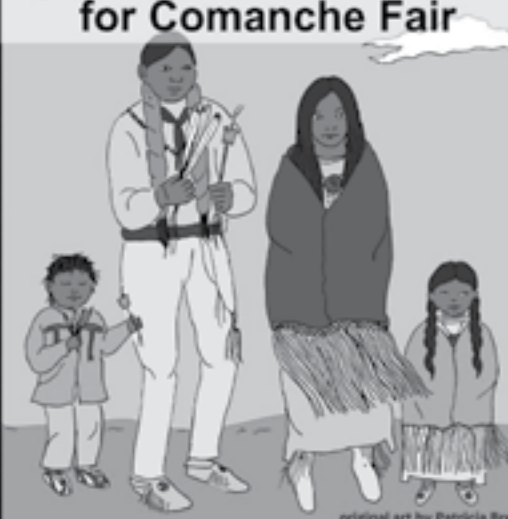
#7 PIKPAUSTIKOOP
P I K A P U P I T S O K O

#8 EWASABYAHT
W U T S A B E Y A A

#9 KUSUMUN
N U M U K U S U

Comanche JUMBLE

It's great to rock these for Comanche Fair



Arrange the circled letters to form the mystery answer, as suggested by the caption in the cartoon.

MYSTERY ANSWER
N U M U N A P U

WORD BANK
 NUHUTSAWE (FAN)
 SIA (FEATHER)
 NEE?KI (BELT)
 PIHITSIPPI (PLUME)
 EKAKUYAH (ROACH)
 NUMUKUSU (BUCKSKIN DRESS)
 PIKAPU PITSOKO (LEATHER PANTS)
 PIKAKUSU (LEATHER SKIN SHIRT)
 WUTSABEYAA (GOURD DANCE RATTLE)

This month's financial tip brought to you by



Checking Accounts and Managing Fees
 One of the first steps in managing your money is opening a checking account. Whether it's at the local bank, credit union or an online account, a checking account is beneficial. But keep an eye out for fees, because fees are expensive!

WHY HAVE A CHECKING ACCOUNT?
Safety First. Cash is insured by the FDIC or NCUA for a balance up to \$250,000! Money in a jar, your locker, or wallet is not.
Direct Deposit. This is the easiest way to get paid!
Budgeting. Know how much money you have and what you spend.

BUT WHAT ABOUT FEES?
Account maintenance fees. Before opening an account, know what fees are associated with the account and know what you have to do to avoid fees.
Overdraft fees can be very costly. Make sure you have enough money to cover what you spend. Don't forget ATM fees.
ATM Fees. Use in-network machines. No in-network ATM? See if you can get cash back by doing a small transaction at a store.

Having and maintaining a good banking relationship is an important step in taking care of your financial health. A checking account can help you with everyday living and future spending.



COMANCHE NATION

TRUNK OR TREAT

ERI. OCT. 25 5-7 PM

584 NW BINGO RD. LAWTON, OK 73507 NEAR POWWOW GROUNDS

GAMES CANDY PRIZES

Halloween Trunk or Treat & Scary Stories

8 p.m. (Sunset) - 11 p.m.

Oct. 12, 2024

4-Mile & Porter Hill Road, Elgin, Okla.

MC - Martin Flores

Stave of La Llorona
Coke Walk
Ofen Scary Stories
Bring your own chairs
More information: George Tahdushinnah 580.512.6410
Scary of the Headless Horseman
Furfire at Night

TRUNK OR TREAT

October 31st
5 P.m. - 7 P.m.
Carnival Midway at the American Indian Exposition
Caddo Co Fairgrounds
AMARILLO, OK

SEE YOU THERE!

ALL AGES MASQUERADE/ COSTUME CONTEST

OCTOBER 31, 2024
AMERICAN INDIAN EXPOSITION POW-WOW
CADDO CO. FAIRGROUNDS
AMARILLO, OK

DON'T MISS THE THRILLING NIGHT!

Comanche Red River Casino Hosts Inaugural Art & Music Fest

Story and Photos by Jolene Schonchin/News Staff

On Saturday, Sept. 7, an art and music festival was held at Comanche Red River Hotel Casino.

Shelby Mata, Comanche Red River Hotel manager, said the event highlighted area Comanche artists and bands.

"We really wanted to do this to highlight our artists," she said. "We get a lot of questions asked about their paintings and different murals throughout the hotel, so this is a chance for our guests to actually interact and meet the artists themselves."

Mata said the event was for the Comanche people.

"So, the only people set up currently right now for the vendor booths are nothing but Comanche, so that is really great in that we get to, you know, give back a little to our people and let them showcase their talents," she said.

Mata said she was excited for the music and art festival.

"I hope we get to do this a lot more, and, you know, I'm always excited to highlight our Comanche artists any time that we can, so yeah, I'm very excited," she said.

Comanche Nation Princess Bluesky Tosee and Comanche Nation Jr. Princess Arlene Schonchin performed the Lord's Prayer.

Artists included Tim Saupitty, Quanah Burgess, Joyce Nevaquaya, Weryackwe Ties, Calvert Nevaquaya, among others.

There was also plenty of powwow dancing and drum singing.

Mata said the event wouldn't have gone on without the help of CEO Stephen Doyle and Property General Manager Jay Martinez.



Blaine Bailey and his band were one of several bands that performed at the Red River Art and Music Fest that took place at Sept. 7. Bailey's song *Cigarettes and Roses*, was featured on the FX Series, "Reservation Dogs."



Comanche artist, Joyce Nevaquaya, visits with customers at the Red River Casino's first Art and Music Fest, that took place in Devol, Oklahoma.



Dancers and singers performed the afternoon of Sept. 7 at the Comanche Red River Casino's Arts and Music Festival. There were demonstrations in women's buckskin, fancy dance and straight dance. The crowd was also invited to participate in a round dance with the dancers.



The Comanche Nation Princess, Bluesky Tosee and the Comanche Nation Jr. Princess, Arlene Schonchin, performed the Lord's Prayer to begin the cultural portion of the Comanche Red River Art and Music Festival that took place Sept. 7.



From left: The Walters Service Club Jr. Princess, Tiana McClung, David Perez, Billy Pewo Jr. and Cheyenne Pocowatchit lead a series of Round Dance Sept. 7 at the Comanche Red River Casino's Arts and Music Festival.

Comanche Princess, Bluesky Tosee Hosts a Night of Donations and Fun

By Natascha Mercadante/News Staff

Royalty from across the state gathered at the Apache Community Building in Apache, Oklahoma, on Thursday, August 29, for a night of royalty and a toy drive.

Comanche Nation Princess Bluesky Tosee hosted the event, which was intended to get to know other royalty and support the girls in need at Riverside Indian School.

"I can get to know them, and we can all kind of mingle and like get to know each other. And then also we asked the princesses if they were able if they could bring a Barbie doll or maybe something girly for young children, young girls, and so they could, the stuff that they bring will take it to Riverside Indian School," she said. "Because their little girls' dorm, they don't have anything, and so once my grandma had heard that and she let me know, we were like, we both kind of agreed on 'Okay, we should do something,' so we were going between a toy drive or what we could do, and she's like 'Well why don't we have a night of royalty?' I was like, 'Okay, I was like, well, that's a good idea,' so my grandma was really, she was the one who heard it first, and that's kind of what tonight is about."

Tosee said it's important because it shows more of what it means to be a princess.

"It shows that when you're a princess, you're not only just standing here looking pretty and having the title and wearing the banner and having the crown, but it's also showing that we also want to give back, and

I feel like this is a really good representation of how we can give back and how important it is as princesses," she said. "You know, young girls always want to, 'I want to be a princess when I grow up,' and so I think that's really, that's really going to be a big thing that they'll remember one day, and maybe even they'll find out who their people are and really want to be a princess for them."

Tosee said it also shows how a princess can help people.

"I invited the local princesses, and well, really, as we got it out there as many princesses want to come, so we have princesses from southwestern Oklahoma, northwestern Oklahoma, southeastern, northeastern, and it's just it's really good to see everybody from all over come and join in one place for a good cause," she said. "And then we get to see each other and not only on the powwow trail, but in general and dress up and have a good night."

Tosee said without her family, the event wouldn't be possible.

"They do so much more than just bringing stuff and helping set up, you know. There's a lot that goes into it that nobody sees, and like I said, if it wasn't for my grandma hearing that and our communication as family, I really think that's a big thing that shows how much can get done and how much we can give back," she said. "And so, I really appreciate my family and friends."

The night was filled with introductions, games and dances.



The 2024 Comanche Nation Princess, Bluesky Tosee, hosts a donation night for the Riverside Indian School girl's dorm the evening of Aug. 29 in Apache, Okla.



Princesses line dance and enjoy the music the evening of Aug. 29 at the Comanche Nation Community Center in Apache, Okla.



A total of 13 princesses from tribes and organizations across Oklahoma gather the evening of Aug. 29 to support the 2024 Comanche Nation Princess, Bluesky Tosee's effort to gather toys and items for the Riverside Indian School girls dorm.



Comanche National Museum & Cultural Center

701 NW Ferris Ave. Lawton, OK

Ph: 580-353-0404



Comanche National Museum & Cultural Center brings you

HONORING COMANCHE ROYALTY

An Exhibition Celebrating the Honor, Culture, and Beauty
of the Comanche Nation Princess

ON DISPLAY NOW
THROUGH DECEMBER 30, 2024

FREE
ADMISSION!

MUSEUM HOURS:

Monday - Friday 8:00 AM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Sunday Closed



2nd ANNUAL

FALL FESTIVAL

HQ Branch 1614 NW 67th St. Saturday Oct. 26, 2024



TRUNK-OR-TREAT



Come dressed in your Halloween best!

\$\$\$ Cash Prize \$\$\$

Best Costume, Best Family and Best Trunk Theme

"Money's on the move" Food Truck, OKIESnow, Fire Trucks, First Responders, PAPA MAGIC, and more!

2pm - 5pm



For more details visit FSFCU.com/FallFest

Career Day 2024

Knowledge is Power

By Natascha Mercadante/News Staff

Students from around Oklahoma gathered at Comanche Nation on Sept. 17 and 18 for a College and Career Day put on by Comanche Nation Higher Education at Watchtaker Hall.

Director Christian Boos said the two-day event gathered larger schools, such as Capitol Hill from Oklahoma City to Eisenhower in Lawton and Cache, to smaller schools of Apache and Walters. The event was open to all school district students who wanted to join.

There were two changes in the event from last year.

"We kind of decided on having a two-day event as opposed to a one-day event just due to the large number of area high school students that attend our event every year. So, that was the one major change," Boos said. "The second change was the change of venue. We scheduled it, and we wanted it back at Watchtaker Hall. So, in order to accommodate the increasing number of area high school students and the number of vendors that want to attend, that's why we changed it to a two-day event."

He said there were a variety of vendors at the event, including Cameron University (CU), Great Plains Technology Center, FBI and Lawton Public Library.

"We wanted to invite a diverse group of vendors representing colleges and universities, vocational institutes, as well as businesses and organizations. So, we kind of wanted to hit the educational, the vocational, and the professional areas and we were able to do that," Boos said. "I believe we had around just a little over 40 vendors each day. So, they were able to provide important information to the area high school students in order to help them to decide what they want to do after high school."

He said that not every student will go to college.

"Ideally, we would want every high school student to go to college and university, but that's not realistic. College isn't for everybody," Boos said. "That's why we wanted to get the vocational institutes here, and also the professional businesses and organizations for those students who might be looking to jump into a career quicker than, say, a two-year degree, a four-year degree, or even a one-year vocational licensing certification would allow."

He said once vendors got up to speak, students would later go to the booths to learn more.

Boos said he wants students to walk away with a clear goal of what they may want to do after high school.

"Hopefully, a lot of these vendors, with the information they provided for the



Local high school students visits with a representative from Oklahoma City Community College learning about what the college has to offer after graduation.

students, the students will take that home, take it back to school, and make their future decisions based on some of the information we provided," he said. "Our motto for this year is 'Knowledge is Power,' and what we wanted to emphasize to the students was that the vendors, with the information they are giving to the students, the students can take that information, that knowledge, and utilize it as power to help them decide what they want to do with their future professional and educational goals."

Boos said most students they fund to go to college tend to go to CU.

"That's a local university located 10 minutes away from here, and that's where almost a quarter of our scholarship recipients, that's where they attend, and that's followed up with institutions like the University of Oklahoma, Oklahoma State University, Oklahoma City Community College, and those are just the ones in state," he said. "Of course, we fund students throughout the United States as well as some that are taking classes overseas."

Boos said Comanche Nation Youth Services, who helped contact the high schools, and Workforce, who got hoodies and various other items for the students as well as Okie Sno, helped put on the event.

There were almost 500 students who attended the College and Career Day.

Items were also raffled off, from gift cards to air fryers.



Tribal member Ellen Tahhahwah hands brochures to high school students about becoming health care workers as a possible career choice for their future.



The Comanche Nation Law Enforcement speaks with local high school students about becoming Law Enforcement Officers during the 2024 Comanche Nation Higher Education College Career Day.



Comanche Nation Tribal Administrator Lisa Dawsey speaks to high school students at the 2024 Comanche Nation Higher Education College Career Day. Dawsey said, that college isn't for everyone and that is OK, there are a lot of other opportunities available, should one choose to not attend college.



A representative from NSU speaks with high school students about attending NSU and what the college has to offer the students after graduation.



Comanche Nation Chairman Forrest Tahdoahnipah talks to high school students during the 2024 Comanche Nation Higher Education Career Day.



Comanche Nation Higher Education Director Christian Boos welcomes local high school students to the 2024 Career Day. Boos also talked about what opportunities are available once the students graduates from high school.



A representative from USAO visits with a high school student explaining all the opportunities available at that college after the student graduates high school.



High school students sign up to receive information from OBU at the 2024 Comanche Nation Higher Education Career Day.

People, Places, & Things Happening

Parker selected to run in the UTMB World Series Finals in Chamonix, France



Courtesy Photo

The family of Brandon Parker are super excited to announce that he was selected to run in the UTMB World Series Finals in Chamonix, France on Friday, Aug. 30.

It's a complete dream of his to represent the Comanche Nation on such a world stage. Having recently turned 43, he couldn't have asked for a better gift.

The Ultra-Trail du Mont-Blanc (UTMB) covers 106 miles around Europe's largest peak (Mont-Blanc) and is considered to be one of the hardest ultra-marathons in the world, with an ascent of 33,000'.

Over 250 of the world's elite ultra runners will gather to compete in a race that traverses through 3 countries: France, Italy and Switzerland.

Training for UTMB has been humbling to say the least. Brandon lives in Phoenix where he has trained for 87 consecutive days of temperatures at 100 degrees or higher. While he was training he worked through 3 injuries over the last 3 months but stayed focused and feel as though his mountain legs are ready to battle against what lies ahead.

Don't miss the action. Race time is 6 PM (11 AM CST) on Friday and Brandon certainly want to invite everyone to join him in this once-in-a-lifetime journey.

Follow Bib #2426 at https://live.utmb.world/ and get ready family and friends for Brandon to blow up your timeline all week long!

A message from Brandon. "Always keep dreaming rez boys and girls—it's crazy what you can accomplish with hard work and sacrifice!!! Prayers up!"

Oklahoma State Dept. of Health Shares Information on How to Prevent Older Adults from Falls

Oklahoma is home to more than 650,000 adults aged 65 years and older. Every week, 16 older adults die and 149 are hospitalized from a fall-related injury in the state. Falls not only threaten the safety and independence of older adults but also generate enormous economic and personal costs.

"Falling is not a normal part of aging," said OSDH Healthy Aging and Falls Prevention Project Coordinator, Madelyn Maxwell. "We want older adults and families to know there are simple steps individuals can take to decrease their risk of falling." Tips to prevent falls include: Stay active. Individuals should engage in regular physical activity to maintain joint flexibility, strength and balance. Activities may include walking, swimming or gentle exercises. Participate in evidence-based interventions.

- Tai Chi: Moving for Better Balance
- Matter of Balance
- Stay Active and Independent for Life (SAIL)
- Tai Chi for Arthritis and Falls Prevention

Review medications. Discuss your medication history with your doctor or pharmacist and try to fill as many prescriptions as possible at the same pharmacy to better monitor potential interactions and contraindications. Get annual eye exams. Ask your doctor to check your eyes at least once a year and update your lenses as needed. Improve home lighting. Keep rooms brightly lit. Night lights or a lamp within arm's reach of the bed are a great choice for middle-of-the-night needs.

Reduce home hazards. Most falls occur at home, caused by clutter and tripping hazards. Make sure pathways are clear and clean. Put grab bars next to and inside the bathtub and next to the toilet and use non-slip mats in the bathtub and on shower floors.

For more information on older adult falls prevention and evidence-based interventions, visit Oklahoma.gov/health/falls or contact the Injury Prevention Service at 405-426-8440.

The Oklahoma State Department of Health (OSDH) protects and improves public health through its system of local health services and strategies focused on preventing disease. OSDH provides technical support and guidance to 68 county health departments in Oklahoma, as well as guidance and consultation to the two independent city-county health departments in Oklahoma City and Tulsa. Learn more at Oklahoma.gov/health/falls

Strongheart Study Community Meeting Oct. 23

The Strongheart Study will hold a community meeting 10 a.m. - 1 p.m., Oct. 23, at the Comanche Nation Watchtaker Hall, 584 NW Bingo Rd., Lawton, Oklahoma.

Topics to be discussed are on SHS findings related to heart health, diabetes, and other health conditions.

The Strongheart Study invites everyone to join them on Oct. 23 to celebrate their many successful years of collaboration with 12 tribal communities in Southwest Oklahoma, Arizona, North Dakota, and South Dakota.

The schedule for the event will be: 10 a.m. - breakfast, followed by speakers until noon. Lunch will be provided at noon and the meeting will conclude at 1 p.m.

Please RSVP to secure a seat. To reserve a seat or for any questions, please contact any of the following: Lawton site: (580) 353-1163; Anadarko site: (405) 247-1029; or Oklahoma City site: (405) 271-3090.

There will be drawing for gift cards, fun activities between speakers and door prizes.

FIONA KERCHEE
CAMEILLE WETSELLINE
VYLET STONE-CALF
580.956.4453

Check Us Out...
ON FACEBOOK
@sisterlyshenanigans2021

BEADS | RHINESTONES | BANDING
CUSTOM BEADWORK | BEADING KITS & MORE

Lawton IHS Breast Cancer Awareness Event

The Lawton Indian Hospital will hold a Breast Cancer Awareness Event 9 a.m. - Noon, Oct. 17, at the Main Conference Room of the Lawton Indian Hospital, 1515 Lawrie Tatum Rd., Lawton, Oklahoma.

The event will include an awareness walk, guest speakers, testimonies of breast cancer survivors, mammogram prevention, vendors, door prizes, and much more.

For questions, contact Kristie Subieta, Public Health Educator (580) 354-5562; Romelia Kasanavoid, Patient Benefits (580) 354-5501; or Daniell Tynan, Patient Benefits (580) 354-5141.

Petarsy Church Free Men's Breakfast & Fellowship 8 a.m. the 2nd Saturday of the Month 266 Little Bear Loop, Richard's Spur

AMERICAN INDIAN EXPO FALL FESTIVAL ANADARKO, OK october 30 - november 2

GREAT PLAINS AMUSEMENTS

MEMORIAL POWWOW FOR DARRELL CABLE SR.

October 05, 2024
Watchtaker Hall-Comanche Nation Complex

Head Staff:
MCs: R.G. Harris & J.R. Ross
Head Singer: Berkly Monoessy
Head Gourd Dancers: James Parker & Michael Cable
Head Lady: Sophie Tiger
Head Man: Roderick Cable
Head Young Man: Lerris Keahna-Cable
Head Young Lady: Samyia Portillo
Co-Hosts: Comanche Youth Dancers, Comanche Little Ponies, Comanche Homecoming, & Watan Family
ADs: Carlo Chalepah & Ashley Kerchee

1-5pm: Gourd dance
5-6pm: Supper Break
6pm-Midnight: Round dance, Family Giveaway, War & Social Dances
Contests: Tiny Tots, Men's 50 + Straight Dance, Men's 50+ Fancy Dance Contest

The Family is not responsible for thefts or accidents
For more info: Kay Cable: 580-956-4120

Milestones

Happy Belated Birthday

- August 10 - Kehaahi "Happy 8th Birthday!"
- August 29 - Wendy Fallahzadeh
- September 20 - Elijah Wermey
- September 23 - Sue Fallahzadeh
- September 23 - Jenice Atchavit
- September 24- Dash Toyekoyah

Happy Birthday!



- October 1 - Collins Celess Tehauno
- October 6 - Harry Anthony Naumi
- October 6 - Llori Goombi "Happy Birthday! Love, your family! ♥"
- October 9 - Sarah Laurenzana
- October 9 - Bianca Chibitty "Happy 25th Birthday! Love, Mommagee."
- October 12 - Nivy Chibitty
- October 12 - Jolene Schonchin
- October 18 - Tony Pennah
- October 18 - Kiyou Kerchee
- October 19 - Neahee Motah Carpitcher
- October 21 - Paige Owens
- October 24 - Donnie Moore
- October 25 - Tiffany Akoneto Allen
- October 27 - Jordan Muncy
- October 28 - Melani Motah Schrock
- October 29 - Aleesia Wahhahrockah
- October 30 - Barney Tiddark "Happy Birthday Bro. Love you, Sister Rose!"
- October 31 - Heath Poafpy-bitty
- October 31 - Liliana Motah



Happy 90th Birthday Jenice Atchavit September 23



Happy Belated Birthday Dash Toyekoyah September 24

~ Happy Birthday, Dash! Mom, Dad, and bubba (Jett) loves you and have a great day!



Happy 1st Birthday Collins Celess Tehauno October 1

~ Happy 1st Birthday sweet baby girl, you are so loved.



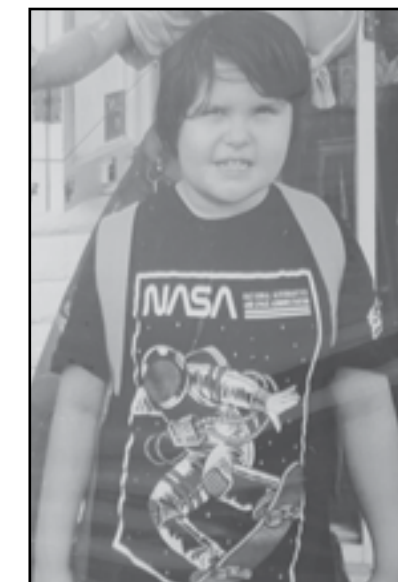
Happy Birthday Sarah Laurenzana October 9

~ Happy Birthday to my sister and Wonder mother. Thank you for being my little sister and one of my best friends. Hope you enjoy your day sister, love you.



Happy 20th Birthday Nivy Chibitty October 12

~ Go Sooners! Love, Mom.



Happy Birthday Neahee Motah Carpitcher October 19



Happy Birthday Rusty and Karen Coffey October 12, 2002

~ Celebrating 22 years of Marriage! ~22 years of marriage has been the best! I'm looking forward to many more years together! Love you!



Happy Birthday Jordan Muncy October 27

~ Happy Birthday Baby Girl. Love you, Nana, Popa, & Paco.



Happy Birthday Jay October

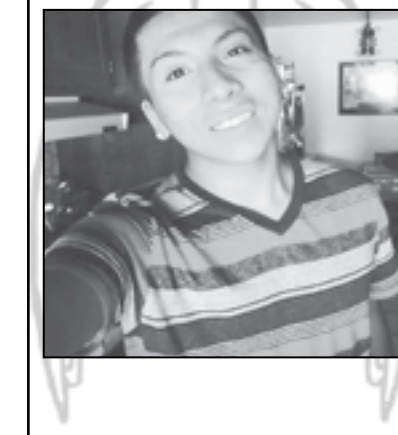
~ I hope this year brings you good health and happiness. Love, Kristen, Kaleb & Kenzi.



Happy 14th Birthday Paige Owens October 21

~ Love you Daddy, Momma, and CC!!

In Loving Memory Quinton Suina October 19



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Obituaries

Christopher Tanequdle



Courtesy Photo



Courtesy Photo

Tanequdle

Christopher Tanequdle (Chris) went to his heavenly home on Aug. 20, in Lawton, Oklahoma. Tanequdle was born to Lois Gonzalez and Nelson Tanequdle on November 1, 1960. Tanequdle graduated from Fort Sill Indian School. He then attended Polytechnic Institute (SIP) in Albuquerque, N.M. Throughout his life he worked at Good Year Tire Company and Bar-S. Tanequdle was a proud member of the Comanche Nation of Oklahoma, he was also an avid OU foot ball fan. He loved to play pool and listen to good music.

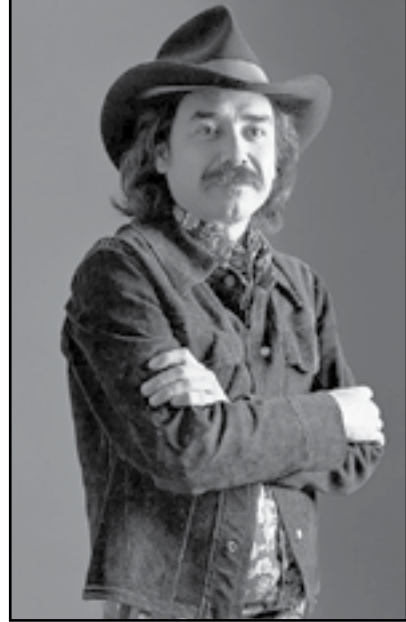
Tanequdle is survived by wife Emma Tanequdle; brother and sister in law Randy and Barbara Tanequdle; brother Michael Gonzalez; sisters Michelle Gonzalez and Rachel Gonzalez; sons Christopher Shaun and Ira; daughter Kellie Tanequdle; grandchildren Kalina and Jeremiah (Iggy) Tanequdle, Lorenzo Pherigo, Kelson, Kamden, and Dale Dennis.

Tanequdle is preceded in death by his parents; brother Rudy Tanequdle and sister Dayle Tanequdle.

Theresa Louise Youngman

Theresa Louise Youngman "Fuzzyhead" joined her loved ones in heaven on Aug. 21.

She was born in San Diego on November 7, 1964, to Roderick and Nina (Clark) Youngman. Youngman graduated from Eisenhower High School in 1982. Youngman enjoyed crafting, singing, baking, knitting and making homemade gifts for her family and friends. She was a member proud member of the Comanche Nation of Oklahoma and was of Arapaho descent. Youngman was very family oriented, she loved



Courtesy Photo

Hood

combined color, expression, composition, and the freedom of flow, life, seasons, and spirit, creating prolific and authentic Native American paintings. Hood's paintings are presented in meaningful, mystical, and ancestral landscapes. Although, Hood introduced some abstract motifs into his backgrounds, he remained true to the traditional style of art practiced by his Comanche ancestors.

An exceptionally creative individual, Hood exhibited in hundreds of galleries, outdoor, group exhibits, and solo exhibitions throughout the United States, Germany, and elsewhere in Europe. His paintings can be found at many galleries, museums and in magazines including; The Southern Plains Indian Museum, Public collections of Eiteljorg Museum in Indianapolis, Indiana, the Thomas Gilcrease Institute of American History and Art in Tulsa, the Museum of the American Indian in New York, the Oklahoma Museum of Art in Oklahoma City, the Philbrook Art Center in Tulsa, the National Cowboy Hall of Fame and Western Heritage Center in Oklahoma City and The Heard Museum in Phoenix.

Hood's artwork has been featured on many magazine covers and in articles including; "Rance Hood, Comanche Artist," *American Indian Craft and Culture Magazine* "Oklahoma Indian Art," *Southwest Art* and *"The Role of Oklahomans in Native American Art."* Persimmon Hill.

Hood has won many awards including and not limited to; The 1961 and 1971 Grand Awards from the American Indian Exposition, Best Western Cover Art from the American Writers of America, Award of Merit, Colors of the Heartland, Reyna's Galleries, San Juan Bautista, California, First Anniversary Indian Market, First Place and Special

Award, Santa Fe, New Mexico, 1985 Pony and Warrior, bronze, artist's collection, 1991 *Vision of Crazy Horse*, cast paper, and The Comanche, Honorable Mention, Philbrook Art Center, Tulsa. He has also won awards for Best Poster Art at the American Artists Lithograph Competition and won the Annual Award for sculpture at the American Indian Film Festival, just to name a few.

Hood explored many artistic worlds teaching him-self how to play the acoustic guitar, electric guitar, and the harmonica. He spoke fluent Comanche (*Nimuntu*), loved horses, and had a remarkable mind for transforming dreams to reality. He has been commissioned to create the exterior design of a Cheyenne III Jet, a commemorative medallion for the Comanche Nation, the current Comanche Nation emblem, in addition to the original life-size "War Pony" Painted Poles, which resides at the Comanche Nation, as well as "War Pony" the number one selling collectible figurine, and collectible pony, "War Magic." Hood's painting, "Coup Stick Song" was selected by Carlos Santana for Santana's 2012 album cover "Shape Shifter," and as a self-taught sculptor, he designed the Native American Indian Film Festival award, still today produced and presented to the Best Actor and Actress.

Hood said, "Why do I paint what I paint? I paint for the old people and try to keep the old ways alive. I just want to be known as a good artist who remembers the old ways as they were long ago. I wish I lived in that period of time. I am Comanche." (Rance Hood, Mystic Painter, 2006). Through Hood's exceptional ancestral connection, credible intuition, and genius expression, he will be forever considered one of the most successful Plains Indian artists throughout the world. Hood was an absolute believer in God, The Great Spirit, Jesus Christ and a proud member of The Native American Church.

Hood possessed an endless colorful imagination and was known for his exceptional humor, epic storytelling, legacy good looks, and remarkable charisma. He had many lady friends; however, Hood had two primary loves in life whom gave him the gift of children and made him patriarch, the late Phyllis Whitehorse Hood and the late Renee Geigogamah Long.

Hood is survived by: his four daughters; Deanna Hood "Go-chin-goon" and chosen brother Ray Mehia of Tulsa, Andrea Hood-Neeser "Owathus/Hisha" and husband Robert

of Scottsdale, Charmagne Hood and Marissa Ann Hood both of Anadarko; eight grandchildren: Colin Tsoodle of Stillwater, Carly Cotter Hood of Elgin, Kamille Galloway Hood of Austin, Rainy Baiseden, Asia Ly, William Sullivan, Sunshine Sullivan, and Isaiah Roulain. One great granddaughter; Rosanna Pearl; brothers; Kenneth Hood and wife Susan of McAlester, Lee Pahcody Jr., and wife Sherri of Kansas. Sisters: Mary Pollard of Lawton, Arletta Lukens and husband Richard of Tucson, Betty Hood of Lawton, Danita Haury and husband Billy of Indianhoma and numerous other relatives; nephews, nieces, cousins, and thousands of friends.

Hood is preceded in death by: his grandparents: Oscar Ten-equor, and Agnes Tahkoma (Soc-a-Ma), father; Tommy Hood, parents; June and Lee Pahcody, son; Sonny Rance Hood, and brothers; Clifford Hood and Larry Hood.



Gone, But Not Forgotten

*Don't think of her/him as gone away
Her/His journey's just begun,
Life holds so many facets
This earth is only one.
Just think of her/him as resting
From the sorrows and the tears
In a place of warmth and comfort
Where there are no days and years.
Think how she/he must be wishing
That we could know today
How nothing but our sadness
Can really pass away.
And think of her/him as living
In the hearts of those she/he touched
For nothing loved is ever lost
And she/he was loved so much.*

-Ellen Brenneman

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NOVEMBER 9

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DJ: Larry Cole

Let not your heart be troubled. You believe in God: believe also in me. In my Father's house there are many mansions. If not, I would have told you: because I go to prepare a place for you. And if I shall go and prepare a place for you, I will come again and will take you to myself: that where I am, you also may be. And whither I go you know: and the way you know.

Thomas saith to him: Lord, we know not whither thou goest. And how can we know the way? Jesus saith to him: I am the way, and the truth, and the life. No man cometh to the Father, but by me. If you had known me, you would without doubt have known my Father also: and from henceforth you shall know him. And you have seen him.

- John 14: 1-7

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